

How To Refer

A referral is required for assessment. Anyone can make a referral. For individuals under the age of 19 years, the consent of a parent/guardian is required.

Once a referral is received by the Regional FASD Coordinator, it is screened to determine if it meets the criteria for assessment. If assessment criteria is met, the Coordinator will contact the parent/guardian to discuss the diagnostic clinic process and will send the additional clinic forms required for assessment.

Referral forms for children/youth and adults are available at:

<https://www.lghealth.ca/your-health/programs-and-services/mha/fetal-alcohol-spectrum-disorder-fasd/>

Or, scan the QR code with a mobile device.



To request a paper copy of the referral, email lgzfasd@lghealth.ca.

Resources

For more information about Fetal Alcohol Spectrum Disorder and FASD services available in the Labrador-Grenfell Zone, contact:

Megan Ropson

Regional FASD Coordinator

Telephone: (709) 693-5015

Email: lgzfasd@lghealth.ca

www.lghealth.ca/mha

For support and information about FASD, contact **fasdNL**, a pan-provincial organization working to educate, provide supports and resources, and raise awareness about fetal alcohol spectrum disorder (FASD) in Newfoundland and Labrador.

Telephone: (709) 704-4244

Email: contact@fasdnl.ca

www.fasdnl.ca

The Canada Fetal Alcohol Spectrum Disorder Research Network (CanFASD)

info@canfasd.ca

www.canfasd.ca

MENTAL HEALTH AND ADDICTIONS

FETAL ALCOHOL SPECTRUM DISORDER (FASD) MULTIDISCIPLINARY DIAGNOSTIC CLINIC



NL Health Services

Labrador-Grenfell Zone

What is Fetal Alcohol Spectrum Disorder (FASD)?

Fetal Alcohol Spectrum Disorder (FASD) is the diagnostic term used to describe the range of disabilities and diagnoses that result from drinking alcohol during pregnancy. These disabilities reflect damage to the brain and can have lifelong implications.

Early and accurate diagnosis of FASD provides individuals and their families the opportunity to access services to meet their needs, leading to enhanced overall well-being and improved outcomes.

Children/Youth
8-18 Years of Age



Individuals with FASD may experience:

Learning Difficulties

Behavioural Difficulties

Issues with problem solving, organization, memory, communication, auditory and visual skills.

Health professionals involved with the FASD Diagnostic Team include:

The Labrador-Grenfell Zone FASD Multidisciplinary Diagnostic Team includes a family physician, psychologist, speech language pathologist, occupational therapist, and the Regional FASD Coordinator.

Because of complexities associated with FASD, diagnosis can present challenges. Professionals from multiple disciplines are required for accurate assessment and the interpretation of the broad array of outcomes that define a diagnosis.

What does the FASD Diagnostic Team offer?

The diagnostic team provides assessment and diagnosis using Canadian guidelines for diagnosing Fetal Alcohol Spectrum Disorder.

Clinics alternate between Happy Valley-Goose Bay and St. Anthony, and provide services throughout the region.

Referrals are accepted for individuals 8 years of age and older residing in the Labrador-Grenfell Zone.

Adults
19+ Years of Age

