

The Community of **Sheshatshiu** is part of the **Sheshatshiu Innu First Nation**. Labrador-Grenfell Health partners with the Sheshatshiu Innu First Nation (SIFN) in the provision of primary health care. SIFN has 2 streams of health care and separate health director for each: primary health care and social health. The Primary Health Director for SIHC is based in the health clinic and the Social Health Director is based in the Mary May Healing Centre.

2. Sheshatshiu

Clinic Contact Information



Mani Ashini Health Clinic

Phone: (709) 497-8202 Fax: (709) 709-478-8817



Mary May Healing Centre

Phone: (709)896-9750

Community Clinic Services

The Mani Ashini Health Clinic in Sheshatshiu provides integrated health care to the communities of North West River and Sheshatshiu. Labrador-Grenfell Health provides health and community services in partnership with Sheshatshiu Innu First Nation (SIFN).

The services in the Mani Ashini Health Clinic include:

- Basic trauma and resuscitation equipment.
- Outpatient Clinic.
- Physician Clinic (visiting).
- Emergency patients are transported by road ambulance to Happy Valley-Goose Bay.
- Community Care.
- Tele-health.
- Public Health.
- Palliative care end of life program.

The health clinic is staffed by Labrador-Grenfell Health:

- Regional Nurses.
- Public Health Nurse.
- Community Health Nurse (from the Happy Valley-Goose Bay office).
- 3 Personal Care Attendants.
- Mental Health Counsellor (visiting).

- Regular visits by Physicians.
- Regular visits by a Behavior Management Specialists.

Primary health services of the SIFN include:

- Community Health.
- Home Care.
- Diabetes services.
- Medical transportation (to Labrador Health Centre, Happy Valley-Goose Bay for qualifying members of the band only).
- HIV/AIDS strategy.
- Non-Insured Health Benefits (NIHB).

The primary health services (SIFN) office is staffed by:

- Primary Health Director.
- Community Health Nurses (2).
- Home Care Nurse/Coordinator.
- Home Care Liaison.
- Home Care Community Health Representative.
- Community Support Representative.
- Community Health Aid.
- Diabetic Support Worker.
- Diabetic Consultant.
- Home Support Workers (3).
- Dental Care (SIFN and FNIHB).
- Innu Health Navigator –Innu Round Table (IRT).
- Foot Care Nurse.

The **Mary May Healing Centre** houses the social health program and contains the Child Protection (CYFS) offices located on West side of building.

Social health services of the SIFN include:

- Mental Health Crisis Management Program.
- Family Treatment and Mental Wellness Program.
- Family Resource Program.
- Counselling.
- FASD Program.
- Parent Support.
- Youth Services (group home and community youth network).

The primary health services (SIFN) office is staffed by:

- Social Health Director.
- Community Health Planner.
- FASD Liaison.
- Mental Health Therapist.
- Family Resource Manager.
- Parent Support Workers.
- Family Treatment (Director, Cultural Coordinator, Clinical Manager, Assistant Manager and Elder).
- Counsellors.

Clinic Hours of Operation	8:30 a.m. to 5:00 p.m., Monday to Friday (closed Friday afternoons for administration; emergency services available).
Interpreter services	Health care interpreter present at health clinic. Helps navigate health care system and assists with questions, appointments and advocating.
Medical Supplies	 Supplies must accompany client upon discharge due to possibility of an unexpected delay in arrival of equipment or supplies. No medical supply store in the community. Daily dressing clinic run by home care nurse. Daily IV meds. The Home Care Nurse in the community can assist with the process of arranging supplies if necessary.
Pharmacy	There is no retail pharmacy. Medications are ordered and dispensed through the Labrador-Grenfell Health regional community clinic. The pharmacy at the Labrador Health Centre in Happy Valley-Goose Bay dispenses medications to the regional community clinics for clients.
Transportation	Sheshatshiu is located 40 kilometers by road from Happy Valley-Goose Bay and is accessible year round.
Community History	Sheshatshiu is located at the head of Lake Melville, or Hamilton Inlet approximately 40 kilometers from the town of Happy Valley-Goose Bay. This community was founded on the summer gathering place for the Innu. The community has a school, church, several businesses, medical clinic and healing centre. The community and surrounding area are reserve land for the Sheshatshiu Innu First Nation. The community of North West River is adjacent to Sheshatshiu and separated by the North West River.
Population	1,314