

# Don't just sit there.

Unless your doctor tells you otherwise, have a Pap test every 3 years



How far will you go... to fight cervical cancer?

## Go the distance!

If you have ever been sexually active, start Pap testing at age 21.

If you're due for a Pap test, stop putting it off. Make an appointment with your doctor today!

**PAP TEST AWARENESS WEEK IS OCTOBER 22 - 28, 2017**



**Cervical  
Screening  
Initiatives**

**1-866-643-8719**

Western Health  
709-632-3008

Labrador-Grenfell Health  
709-897-3116

Eastern Health (Avalon)  
709-752-4353

Central Health  
709-651-6264

Eastern Health (Rural)  
709-466-5771