“Police Officer’s Guide to Mental Illness”: A Collaborative Effort

A new tool entitled “Police Officer’s Guide to Mental Illness” is now available to police officers on the Northern Peninsula. The development of this tool was a joint effort by Janice Genge, Mental Health Case Manager, Flower’s Cove and Cst. Shane Clarke, RCMP, Flower’s Cove Detachment. The intent of the guide is to provide police officers with awareness and understanding of mental illness and to help them feel more confident when responding to mental health crisis situations. The guide highlights the common characteristics of the most common mental illnesses; namely Schizophrenia, Bipolar Disorder, Schizoaffective Disorder and Depression and indicates some appropriate police measures. It also focuses on effective communication and includes the Mental Health Care and Treatment Act.

The guide has received positive feedback and Ms. Genge, Cst. Clarke and S/Sgt. George Noseworthy completed interviews with/received coverage by NTV, CBC Radio, VOCM and various newspapers. Both the RCMP and Labrador-Grenfell Health were extremely pleased with the attention this initiative received. On June 14, 2008, Ms. Genge and Cst. Clarke received Awards of Distinction from the RCMP for their collaborative efforts and overall success. It is anticipated that all RCMP officers and possibly RNC officers in Newfoundland and Labrador will eventually receive a copy of this handbook.

Janice Genge, B.S.W., R.S.W
Mental Health Case Manager
Strait of Belle Isle Health Center, Flower’s Cove

Janice Genge, Mental Health Case Manager and Cst. Shane Clarke, RCMP, display the new handbook, “A Police Officer’s Guide to Mental Illness”.

Janice Genge (left) and Cst. Shane Clarke (right) accept Awards of Distinction from S/Sgt. George Noseworthy (centre).
REGIONAL NURSING MENTORING PROGRAM A SUCCESS

Community Clinic staff in Labrador have been strong supporters of preceptoring nursing students. Through a partnership with the Nunatsiavut Government Department of Health and Social Development, nursing students gain clinical experience in Public Health, Home Care and Community Clinics.

In April 2007, a fourth year nursing student, Jane Rennison, began her adventure of community health nursing in Nain. Out of that came the renewed idea of developing the Labrador-Grenfell Health mentorship program for Regional Nursing. Past programs in 1998 and 1999 had been very successful in retaining nurses in Labrador. Thus, in June 2007, Jane began a 10-month preparation program in Regional Nursing. The program provided the knowledge and experience needed for a newly graduated nurse entering this advanced role. Throughout this entire program, Jane’s constant mentor, Pat Crotty, Regional Nurse II in Nain, maintained the support she needed to gain confidence, experience, knowledge and skills. With the help of numerous preceptors at different rotations, Jane has also gained expertise in critical thinking, decision-making, collaborative planning and coordination of nursing care.

Jane began her new nursing career in Nain on May 5, 2008. We wish her the best as she applies the knowledge and skills she has gained and uses her enthusiasm as she continues to learn.

Kathy Elson, RN, Clinical Nurse Coordinator
Community Clinics (North)

DR. FITZGERALD OFFICIALLY RECEIVES ORDER OF CANADA

On April 11, 2008, Dr. William Fitzgerald, Surgeon-in-Chief at the Charles S. Curtis Memorial Hospital in St. Anthony, was officially invested as member to the Order of Canada. Governor General Michaëlle Jean (right) honoured 43 Canadians with the Order of Canada that day - the country’s highest civilian award - in a ceremony at Rideau Hall in Ottawa. Congratulations, Dr. Fitzgerald, from all your colleagues at Labrador-Grenfell Health.

TRIVIA

This issue:

Q: What was the name of the house and town where Dr Grenfell retired?

Last issue:

Q: In 1949, the IGA took possession of a new 48-foot hospital ship and renamed it the “Albert T. Gould”. What was the ship’s original name?

A: The Albert T. Gould was originally known as Deep Water II.
Reaching Out to Increase Pap Screening: Partnerships are the Key to Success

One of the most frequently identified barriers to women having Pap tests is access. Throughout the region, our community partners are working together with us to improve access to yearly Pap tests. In Labrador City/Wabush, Nurse Bev Skanes (who works with Dr. Tom Costello) provides a great example of this. During 2007, there were 362 Pap tests done at the Wabush Clinic - among the highest areas of screening for the whole region.

Ms. Skanes says that her usual practice is to offer Pap tests to all women who call for any clinic appointment and a waiting list is maintained. Each month, days/times are designated for Pap clinics. If there is a cancellation, that appointment is filled from the list. If the wait list for appointments exceeds the number of women who can be accommodated on these special Pap clinic days, an evening clinic is offered periodically, usually about four or five times a year. The goal is that no woman should wait more than a month for an appointment.

Approximately six months ago, a new brightly colored cumulative patient profile was adopted in the Wabush Clinic and during routine appointments with Dr. Costello. He checks the date of the client’s last Pap test, encourages women to make an appointment and offers the option of having the test done by a female.

It has been a year since the collection system for Pap samples was changed from smears to a liquid based system and Ms. Skanes is very enthusiastic about the effects on her practice. “You don’t need to do as many repeats (Pap tests) so that frees up those appointments that would have been used up with repeats”, says Ms. Skanes. There would have been about two or three repeats monthly so over a twelve month period, the appointments available for routine screening would have been significant in this busy medical practice.

Get With The Program! Have a Regular Pap Test!

Labrador-Grenfell Health extends congratulations to the following staff for Pap test screening achievements in 2007. Each of these individuals has received certificates from the Provincial Cervical Screening Initiatives Program for completing 200 or more Pap tests last year.

1. Dr. Karen Horwood, Family Physician, Labrador Health Centre
2. Karen Oldford, Nurse Practitioner, Captain William Jackman Memorial Hospital
3. Carole Michelin, Regional Nurse, Mani Ashini Clinic, North West River/Sheshashiu
4. Patricia Decker, Regional Nurse, White Bay Central Health Centre
5. Dr. Samina Ibrahim, Family Physician, Labrador City
6. Lynn Miller, former employee - Registered Nurse at the Labrador Health Centre
Intra Oral X-Ray Processor for Flower’s Cove

As part of the Grenfell Foundation’s 2007 capital equipment campaign, an Intra Oral X-Ray Processor was purchased for the dental clinic at the Strait of Belle Isle Health Centre, Flower’s Cove. Shown here with the new equipment is Ms. Lynn Dempster, Foundation Board Member (left) and Ms. Petrina Hillier, Dental Assistant.

A New Otoscope for Charlottetown

The Charlottetown Community Clinic recently received a new Otoscope, purchased through funds provided jointly by the Grenfell Foundation and community fundraisers. The clinic staff thanks everyone involved in helping make the purchase of this essential equipment possible.

Legion Telethon 2007

The Grenfell Foundation (Labrador West Chapter) thanks the Royal Canadian Legion (Branches 47 and 57), the Hospital Auxiliary and residents of Labrador West for their generous donation of $26,000, raised during the 2007 Legion Telethon. Funds were used to purchase an EKG Machine, an Electric Patient Lift and a Maternal Obstetrical Monitor. On hand for the presentation were (l-r): Rick Hiscock (Grenfell Foundation Representative), Bernie Denief (RCL President Branch 57), Eleanor Fowler (Nursing Site Manager), Vida Connors (RCL President Branch 47), Wanda Young (IPS Coordinator), Andrew Robertson (Foundation & RCL Representative), Patsy Ralph (Grenfell Foundation Coordinator– Lab West Chapter) and Ozette Simpson (Chief Operating Officer).

Correction: January – March 2008 edition

In the January – March 2008 edition, in the article “Labrador-Grenfell Health Welcomes New Year’s Babies for 2008”, it was stated that the Labrador Health Centre’s New Year’s Baby was presented with an infant car seat from the Newfoundland and Labrador Medical Association, donated by Wal-Mart. In actual fact, the car seat was donated by Goose Home Hardware. We apologize for any inconvenience that this error may have caused.
Spectacular weather aided in making the 2008 Grenfell Heritage Day Celebrations a huge success. The day was jam packed with events from early in the morning until late at night – all planned by the Grenfell Heritage Day Committee and the Grenfell Foundation, to raise funds for priority medical equipment for the Labrador-Grenfell Health region (South Chapter).

The celebrations began with a hot buffet breakfast, followed by an ecumenical service at the Grenfell Interpretation Centre. With the sun blazing in the sky, the day continued with the Teddy Bear Picnic, drawing nearly 300 children to Grenfell Park. The afternoon was filled with live music by Alison White (HR Manager), games, snacks and appearances by Strawberry Shortcake and Winnie the Pooh.

During the evening’s opening ceremonies, host Dave Elms officially welcomed the public to Grenfell Heritage Night. Dwayne Snow provided entertainment, while children danced and sang along. Representing local municipal, provincial and federal governments were Boyd Noel (Mayor of St. Anthony), Trevor Taylor (MHA for Straits – White Bay North) and Gerry Byrne (MP for Humber-St. Barbe-Baie Verte), who each commended the Grenfell Foundation for another successful year.

The Curtis Hospital Auxiliary had a very successful evening with their craft and bake sale. As the night went on, the Pumper Boys entertained local and visiting participants with a Newfie Mug-up, complete with a “Newfie Screech-in,” dried capelin and traditional music. Other highlights of the night included ticket draws, great food, children’s games and fireworks.

The Grenfell Foundation sincerely thanks all volunteers, staff and participants for their support in making this year’s Heritage Day an overwhelming success.
SERVICE AWARDS

LABRADOR HEALTH CENTRE, HAPPY VALLEY-GOOSE BAY

5 Years
Jacqueline Anderson
Ivy Angiers
Marilyn Attwood
Wavey Bartlett
Tracy L. Best
June M. Brenton
Pamela Browne
Pamela Bursey
Nicole Burton
Brent Bussey
Kim Cabot
Rose Cottrell
Patricia Downton
Kelly Dyson
Melissa Dyson (Yetman)
Vanessa Edison
Bonnie Hancock-Moore
Junior Hodder
Catriona Horwood
Michelle Jacobs
Yordan Karaivanov
Richard J. Kennedy
Marni L. Knight
Diane Lake
Leanne Lambert
Lisa Linehan
Sam Mansfield
Anne Martin
Tracy McLean
Arlene M. Michelin
Stephen Miller
Lorne Montague
Edward Morgan
Williamina Mugford
Gail Noseworthy
Elizabeth M. Oguntuase
Jesse Pomeroy
Dennis Rashleigh
Edwin Sharpe
Cheryl R. Soroka

10 Years
Ian Blake
Jodi Bowles
Doreen Brown
Caroline Crawford
Angela Decker
Kerrilynn Deering
Jacqueline Dyson
Doreen Hawco
Marion Heddderson
Karen Horwood
Darren Humby
Joanne Kavanagh
Lester Kippenhuck
Elaine Lyall
Lillian Marshall
Mary A. Sheppard
Della Shouse
Dianne Whalen
Cindy Williams

15 Years
Sheila Broomfield
Zena Curlew
Perry Fry
Debbie Fudge
Karen Gillard
Vena Goudie
Peggy Hann
Josephine Hodder
Marion Kippenhuck
Mary Ann Marshall
Wavey Montague
Jacqueline Mullaly
Donald Newman
Gladys Peach
Phoebe Saunders
Robert Shawak
Lorenzo Webber
Kimberly White
Amanda Winsor

20 Years
Sheila Battcock
Cavell Bolger
Vivian Davis
Cathy Fewer
Diane Head
Joan Lynch Rowe
Charles March
Donna Michelin
Judith Ophel
Debbie Pelley
Wieslaw Rawluk
William Russell
Colleen Whitehorn
Terrence Woodward

25 Years
Yvonne Batstone
David Blake
Denley Blake
Phillip Blake
Norma Forsey
Ann Maidment
Bessie Michelin
Kevin Montague
Iris O’Leary
Holly Osmond-Russell

30 Years
Theresa Blake
Mark Brown
Kevin Cabot
Oliver Michelin
Boyd Rowe

Ann Maidment, Stockhandler at the Labrador Health Centre, receives a 25-year gold pin from CEO Boyd Rowe.

Marge Learning, VP Acute and Long Term Care Services, presents Boyd Rowe, CEO, with a ring, in recognition of his 30 years of service.
SERVICE AWARDS: 2006-2007

CAPTAIN WILLIAM JACKMAN MEMORIAL HOSPITAL, LABRADOR CITY

5 Years
Bernetta Carroll
Amanda Squire
Heather Watkins
Lori Winsor
Alisha Downs
Catherine Doyle
Crissy Stoodley
Janice Vosman
Angela Stevens
Denise Foote
Michelle Piercey
Kim Blake

10 Years
Maureen Angel
Keith Frampton
Patrick Joy

15 Years
Jeanette Wensman
Sandra Penny
Karen Oldford

20 Years
Doreen Lovell Hann
Sheila Norman
Everett Walsh
Jocelyn Young
Elaine Boyde
Edwina Brenton
Karen Evely

25 Years
Edna Gray
Frances Lynch
Ruth Mouland
Norma Pretty
Lois Carroll

30 Years
Anna Filippi
Gerald Burton

(L-r): Karen Oldford, Nurse Practitioner; Sheila Norman, Registered Nurse and Karen Evely, Registered Nurse received Awards of Service at the Captain William Jackman Memorial Hospital.

RELAY FOR LIFE

In St. Anthony, Holly Reardon enjoys dancing to her Dad’s music (Darryl Reardon, Co-Pilot), as he volunteers to provide entertainment at the Relay for Life in June.

PHOTO TRIVIA

This issue:
Q: What is the make of this early Grenfell vehicle?

Last issue:
Q: When and where was this hospital built? What was its connection to the Grenfell Mission?

A: The hospital shown here was built on Pilley’s Island in 1912. It is one of two hospitals that the IGA built in Notre Dame Bay.
The Pastoral Care Committee at the Charles S. Curtis Memorial Hospital met on May 6, 2008, for a day of orientation and fellowship. Rev. John McGonigle, with the United Church in St. Anthony, and Nadine Calloway, Social Worker at the John M. Gray Centre, provided committee members and local clergy with a presentation on the role of Pastoral Care in a health care setting, while incoming clergy were also provided with an orientation session by Colleen Loder, Employee Development, Training and Health. This was followed by a luncheon at the cafeteria and a regularly scheduled meeting in the afternoon.

The Pastoral Care Committee meets on a regular basis to discuss issues related to the provision of spiritual care services to clients, families and staff.

Nadine Calloway
Secretary, Pastoral Care Committee

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Compost is one of nature’s best mulches and soil amendments that you can use. Anyone can compost, it is inexpensive and the end result creates an excellent soil conditioner for gardening and landscaping.

This spring, St. Anthony residents Tristan Nichols (left) and Jamie Green (right) both won composters from the Northern Wellness Coalition composting initiative, organized by the sub-group Healthy Environment Committee. The Healthy Environment Committee was pleased to see our youth taking the initiative to learn and participate in composting, thereby helping our committee to promote and increase awareness of the environmental impact of waste and benefits of reducing through composting and recycling.

Beverly Pittman, Co-Chair
Healthy Environment Committee

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On May 30, 2008, St. Anthony Elementary School hosted a Career Fair to help primary to junior high level students gain a greater awareness of various occupations, and to make connections between their school work, personal attributes and career opportunities. There was representation from various Labrador-Grenfell Health departments, and the students showed a great interest in the many careers that were introduced. Among those in attendance were:

- Kerry Decker, Operating Room Nurse
- Alison Dower, Regional Director of Communications
- Amy Ireland, Human Resources Work Term Student
- Ben Farrell, Regional Director of Air Operations/Chief Pilot
- Chris Green, Diagnostic Imaging Technologist
- Sharon Brushett-Saunders, Laboratory Technologist
- Carol Best, Laboratory Technologist
- Teena Patey, Rehabilitative Assistant
- Elaine Hillier, Social Worker

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Secretary, Pastoral Care Committee

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AROUND THE REGION

Labrador-Grenfell Health Assists Mission to Malawi

The Charles S. Curtis Memorial Hospital in St. Anthony recently made a generous donation of blankets and children’s pajamas to a local church group that will be traveling to Malawi, Africa for two weeks, beginning July 24, 2008. Due to advances in the overall health of our local pediatric population and the declining local birthrate, children do not get admitted to hospital as frequently as they used to and these items had been sitting in storage for several years. The volunteer group will be joining twelve other interdenominational groups from Newfoundland and Labrador and Alberta, whose goal is to assist in the spiritual and physical needs of local villages and orpanages in the African country.

According to Pastor Shannon Rogers of the Calvary Pentecostal Church in St. Lunaire-Griquet, this team will assist in everything from a feeding program for street kids to providing personal hygiene items and education to youth, as well as presenting a vacation bible school for orphaned children and village youth. The group is also expected to participate in “YC Malawi” where 30,000 people are expected to attend.

Members of the local team traveling to Malawi, Africa include: Pastors Lenora and Shannon Rogers, Ruth-Ann Rogers, and youth volunteers Janelle Patey, Genina Pilgrim and Renee Pilgrim. Jenna King, a student from St. Anthony, will also be traveling to Malawi with an Alberta team.

Pastor Rogers, together with his team, would like to express their deepest appreciation to Labrador-Grenfell Health for its generous contribution.

“Real joy comes not from ease or riches or from the praise of men, but from doing something worthwhile (Sir Wilfred Grenfell)”. Best wishes and safe journeys to those traveling to Malawi - as they indeed do something worthwhile.

Bev Simms, Community Health Nurse
St. Anthony, NL

Addictions Awareness Week takes place during the third week of November each year. In Labrador East, an Addictions Awareness Week Committee plans and carries out activities during that week. The committee is spearheaded by Labrador-Grenfell Health’s Addictions Services staff and is comprised of agencies in the Lake Melville area.

A logo contest was launched by this committee earlier this year, with the assistance of art teachers in local schools, as a project to provide students with an opportunity to learn a design task and to portray an addiction-free lifestyle. Three independent judges reviewed the entries and had many positive comments on the originality and thought that went into the entries. The Addictions Awareness Week Committee awarded prizes to two students from Peenamin Mckenzie School: Rebecca Rich (1st place) and Cassandra Rich (2nd place). The winning entries had many elements which were appealing, including attractive symbolism, movement and a positive message. The Addictions Awareness Week Committee thanks all participants and looks forward to using this new logo in various elements of this fall’s campaign.

Laurie Tretina, Addictions Coordinator
Happy Valley-Goose Bay
Harry L. Paddon Memorial Home, Happy Valley-Goose Bay

A Visit from Katimavik Volunteers

Katimavik is a Canadian national youth volunteer-service program. For nine months, young people ages 17-21 live in groups of 11, in three different communities throughout the country. They work 35 hours a week on volunteer community projects, in addition to participating in structured learning activities. Katimavik fosters participants’ personal development through community involvement, training and group life. Many of them have completed high school, but have not yet begun their college or university studies. While most participants do not have much work experience at the outset, they are all eager to learn and experience new cultures and work environments.

In April 2008, several Katimavik volunteers came to Paddon Memorial Home to assist with the Activities and Recreation Department for several weeks. Enthusiastic volunteers - Erin Beynon, Holly Collicott, Kelsey Anderson and Ben Caplan - visited at various times each week to help with morning devotions, bingo, reading and sitting with residents, accompanying residents on walks outside and assisting with outings and bus rides. They were a real pleasure to have around and the residents certainly enjoyed their company. We wish them all a memorable and pleasant stay in Labrador.

Canada Day Celebrations

Participating in the Canada Day celebrations at the Paddon Memorial Home were (l-r): Sally Voisey, Lorraine Saunders, and Jackie Fry (Domestic Worker).

Annual Alzheimer’s Walk for Memories

On June 1, staff, residents, students and volunteers took part in the Annual Alzheimer’s Walk for Memories event. Shown here at the Paddon Home are: (back row, l-r): Stephanie Almon-Drake (Social Worker); Sally Penney (Secretary); Erin Beynon (Katimavik Volunteer); Kelsey Anderson, (Katimavik Volunteer); Angela Kippehuck, (Nursing Student); Daphne Mesher; Holly Collicott, David Michelin and Adam Elliott (Nursing Student). Front row (l-r): Ulrika Karpik; Lorraine Saunders; Horace Blake; Dorothy Fequet; Mary Ann Noah; John Clark and Eva Coish.
**Walks & Talks**

Warm, sunny afternoons present perfect opportunities for residents to enjoy the beautiful local scenery and reminisce about old times.

Shown here, in the Walks & Talks program are (l-r): Janie Decker, Dora Way, Cindy Taylor (Nursing student) and Ada Pynn.

**Traditional Baking**

Ladies at the John M. Gray Centre have recently been enjoying the traditional Newfoundland baking activities. The residents marveled over the wonderful smells from the oven, while anxiously waiting to receive the baked treats. The residents chatted amongst themselves about their memories of traditional baked goods they used to prepare years ago. A special thank-you to Teena Patey (Rehabilitative Assistant) and Charlene Kinsella (Health Intern) for their tremendous support and assistance.

In this photo, the residents are preparing all the necessary ingredients in order to make a batch of delicious treats for all the other residents (l-r): Florence Randell, Ada Pynn, Flossie Cassell and Janie Decker.

**The Price is Right**

Residents at the John M. Gray Centre jumped at the chance to participate in an afternoon game of The Price is Right! They were given an opportunity to bid on a variety of traditional Newfoundland goods, consisting mainly of Purity products and other assorted items. The fun-filled afternoon brought many smiles and lots of laughter. A special thank-you to “Barker’s Beauties”, Teena Patey (Rehabilitative Assistant) and Charlene Kinsella (Health Intern).

Displaying their prizes from The Price is Right are (back row): Clayton Simms, Cecil Burt, Beatrice Simms, Teena Patey and Patrick Ellsworth; (front row, l-r): Lucy Smith, Flossie Cassell, Ada Pynn and Janie Decker.

**Homemade Ice Cream – a Delicious Summer-time Treat**

Residents at the John M. Gray Centre were quite pleased to assist volunteer Linda Patey with making a couple of batches of orange pineapple and strawberry flavoured ice-cream. All the residents thoroughly enjoyed the old-fashioned treat that brought back many childhood/family memories.

Making homemade ice cream (l –r): Linda Patey (volunteer), Ambrose Curl (volunteer) and resident Ada Pynn.

**Annual Walk for Memories**

In June, staff and residents at the John M. Gray Centre participated in the Annual Walk for Memories in aid of the Alzheimer’s Society of NL. Thanks are extended to everyone who participated and contributed to this worthy cause.

Getting set for the Walk for Memories (l-r): Doris Hancock (LPN), Bruce Martin, Mary Flynn (LPN), Ada Pynn, Eileen McCarthy (LPN), Henry Genge and Heather Bromley (Recreation Specialist).
Volunteers Make a World of Difference

During National Volunteer Week in April, Labrador-Grenfell Health recognized over 400 volunteers throughout the region, at Annual Volunteer Dinners held at five locations (St. Anthony, Flower’s Cove, Forteau, Happy Valley-Goose Bay and Labrador City). Each dinner was well attended by Auxiliary members, members of the clergy, Labrador-Grenfell Health and Grenfell Foundation Board Members, local entertainers who regularly perform at our long term care centres, and others who give countless hours of volunteer service. At each dinner, entertainment was provided and presentations were made by a guest speaker and representatives from government. As well, each volunteer was provided with a small token of appreciation.

St. Anthony

At the Charles S. Curtis Memorial Hospital, the Hon. Tom Hedderson, Minister responsible for the volunteer sector, spoke of the provincial government’s commitment in supporting the work of volunteers. He is shown here with Rosarii Patey, COO South (Acting).

Curtis Hospital Auxiliary members Evelyn Rumbolt, President (left) and Juanita Richards (right) deliver a presentation at the Volunteer Dinner.

Forteau

Volunteers and invited guests pose for a group photo at the Volunteer Dinner in Forteau.

Labrador City

Volunteers and invited guests gather at the Volunteer Dinner in Labrador City.
Thank You for Volunteering, Ambrose!

Ambrose Curl volunteered at the John M. Gray Centre from 1997 until June 2008. Ambrose visited on a daily basis and provided assistance with the recreation programs and interacted with residents. He also helped the nursing staff by running errands to the dental office, eye clinic and lab, was responsible for recyclables and assisted the housekeeping staff when needed. He was a dedicated volunteer who took pride in his work. He developed friendly relationships with residents and staff. Most importantly, Ambrose brought cheer to our residents.

In June 2008, Ambrose moved to Mary’s Harbour, Labrador where he now resides at Harbourview Manor. On behalf of Labrador-Grenfell Health, we extend a special thank-you to Ambrose for dedicating his time, talents and many years of valuable volunteer service to the organization, and to the lives of both our residents and staff. We wish him all the best for a healthy and happy future!

Heather Bromley,
Recreation Specialist

Client Safety Walk Rounds

On June 14, 2008 the first Client Safety Walk Round was conducted on the Medical/Surgical Unit at the Charles S. Curtis Memorial Hospital in St. Anthony. The safety team consisted of two frontline nursing staff, Heather Hynes and Catherine Sheaves, Sharon Penney, Nursing Site Manager; Beverly Pittman, Risk Management and Infection Control Coordinator and Rosarii Patey, Chief Operating Officer (Acting). Open dialogue and sharing of safety concerns promoted an awareness of client safety. I would like to thank all individuals who took part in this initiative and encourage participation of frontline employees in the upcoming monthly Client Safety Walk Rounds throughout the various departments in the organization. Senior Executive is committed to promoting client safety throughout the organization and to hearing what concerns you may have. Together we can ensure that the culture and environment throughout Labrador-Grenfell Health supports “Safety First” for our clients. Client Safety Walk Rounds are occurring at sites throughout the region.

Beverly Pittman, Risk Management and Infection Control Coordinator

Taking part in the Client Safety Walk Rounds at the Charles S. Curtis Memorial Hospital were (from left): Catherine Sheaves, Registered Nurse; Rosarii Patey, Chief Operating Officer (Acting); Heather Hynes, Registered Nurse; Sharon Penney, Nursing Site Manager and Beverly Pittman, Risk Management and Infection Control Coordinator.

Ambrose Curl accepts a gift from Heather Bromley, Recreation Specialist, at a Volunteer Appreciation Tea, held at the John M. Gray Centre.
Portable Suction Unit for Cartwright

Special thanks are extended to the Eagle River Credit Union (ERCU) staff in Cartwright, who recently presented the Cartwright Community Clinic with a $1000 to purchase a portable suction unit. The presentation was made in March at the Lillian Morris Memorial floor hockey tournament held in Cartwright.

Participating in the presentation were (l-r): Candice Lethbridge (ERCU), Barbara Mesher (ERCU), Tina Mesher (Regional Nurse I), Margaret Spracklin, (Regional Nurse II), Wanda Lee Mesher (ERCU) and Melita Dyson (ERCU).

A Nintendo Wii for Pediatric Clients

Labrador-Grenfell Health offers sincere thanks to Dreena Bromley (right) of Goose Cove, for her recent donation of a Nintendo Wii for pediatric inpatients on the Maternal Child Health Unit at the Charles S. Curtis Memorial Hospital. Dr. Padma Guntamukkala, Pediatrician accepted the donation on behalf of the Unit.

A Stryker Stretcher for Cartwright

The Cartwright Community Clinic staff send a sincere thank-you to Chris Montague, President of the Labrador Métis Nation, for a $5000 donation for a Stryker stretcher. The presentation was made at Port Hope Simpson in April, 2008. Donnie Sampson, Clinical Coordinator (South), accepted the cheque from Mr. Montague, on behalf of Labrador-Grenfell Health.

A “Baby Shower” for the Labrador-Health Centre

The Anglican Women’s Group in Happy Valley – Goose Bay recently held a “Baby Shower” to collect baby items for the Obstetrical Unit at the Labrador Health Centre. In this photo, Labrador-Grenfell Health staff accept the items from “Baby Shower” participants. A special thanks to the Anglican Women’s Group for their generous donation.
At the end of March 2008, nine “ex-Grenfells” met in Port Erin on the Isle of Man. You would envisage that in such a perfect setting with Bradda Head in the distance, sheep grazing nearby, the equivalent of a ‘boil up’ at Niarbyl, the battering winds at the Sound, that the beauty of this Island is not unlike the shores of Newfoundland and Labrador and why we have this connection.

The get-together consisted of Aruna Thampy and Ann Colbourne (over on holiday from St. John’s, Newfoundland), the two Helens - Helen Macklin (from Sligo) and Helen Dreelan (from Kildare), making up the Irish contingency. Also attending were Diana Phillips and Gwen Wildman (the Welsh representatives), Frances Fedorowicz from Ghana via Oxford, Moira Bailey (a Scottish lass) and last but not least and without whom we would not be visiting this beautiful Island, was of course, Margaret Mahood (nee Harris).

Not that we needed a reason for a get-together, but while birthday girl, Aruna kept the yarns humorous, Ann chilled out and was frequently interrupted by Frances’ spider stories. Moira produced a new ‘sing-song’ each day, orchestrated by Gwen’s text messaging and Diana’s one liners. Helen Macklin, when not i-podding to the hills, teamed up with Helen Dreelan to serve the wee drinks and take our orders. Extending the hospitality and planning the ‘workshop’ was Margaret, who constantly called us ‘to order’!

Margaret served the longest with the former GRHS, earning a 25-year badge and became Director of Nursing for the Labrador coast and northern Newfoundland region as early as the dog team days. She had many amusing and poignant stories to recall. Aruna also worked in Community Health from 1975-1997 throughout Labrador and later in Administration of the Nursing Stations. Dr. Ann Colbourne was the travelling Doctor in Southeast Labrador between 1988-1990 as General Practitioner and an Internist in St. Anthony from 1994-1996, serving the whole region. Helen Dreelan and Diana both worked in St. Anthony initially in 1987 - Diana for a year and Helen later went on to the coast, mainly in Mary’s Harbour until December 1993. Frances (St. Lewis), Gwen (Port Hope Simpson), Helen Macklin (Mary’s Harbour) and Moira (travelling Public Health Nurse) all worked between 1987 and 1996 collectively, each receiving their 5-year badge.

The time in Port Erin was spent overindulgently, around the laden tables, eating and sharing amongst much laughter and reliving “our Grenfell days”. This was enhanced by looking at a variety of photographs, followed by slide shows covering many years. We estimated that the total number of years of service given to Grenfell by this group was 87 years 5 months. We all agreed that from our experience of working in Newfoundland and Labrador that it was a steep learning curve in our respective careers, but also, we feel younger. Times may have changed but the spirit of Grenfell lives on.

Gwen Wildman

On the Isle of Man in early April (l-r): Gwen Wildman, Aruna Thampy, Margaret Mahood, Helen Dreelan, Moira Bailey and Helen Macklin.
**A Special Tribute**

To help celebrate National Nursing Week, I would like to recognize the contribution made to nursing by the small isolated island community of Black Tickle, Labrador. This community, with 200 residents, can boast about six young ladies — Sylvia Keefe, Wendy Keefe, and Sharon Keefe, all of whom have Bachelor of Nursing Degrees, and Kelly Dyson, Anastasia Morris and Serena Holwell, who have Licensed Practical Nursing Diplomas. Not only did they accomplish this nursing education, but they all returned to Labrador to apply this knowledge in helping others.

This is a testament to what can be achieved when you have a kind heart and a strong desire to help others. All these nurses overcame many obstacles on their way to where they are today, and are role models for the next generation growing up in Black Tickle.

I would like to salute the nurses from Black Tickle and hope they enjoy every day of their nursing careers.

*Chuck Ash, RN, Black Tickle*

*Gertie Bromley, Nursing Coordinator*

**Nursing Week in Labrador West**

Nurses in Labrador West enjoyed taking part in “Secret Pal” during Nursing Week. Each day, Monday through Friday, they received a small gift from their secret pal. On Thursday morning, a coffee break was jointly sponsored by the ARNNL and NLNU. A lovely cake was also provided by Labrador-Grenfell Health. The coffee was well attended and several employees went away with beautiful door prizes.

Among those in attendance at the Nursing Week Coffee Break were (l-r): Corina Parsons, Chantale Riviere, Wanda Young, Ozette Simpson, Karen Andrews and Sharon Miller.

**A Note from Hopedale**

_The following is an excerpt from a community radio broadcast in Hopedale, by Debbie Blois, Regional Nurse, during National Nursing Week._

Good afternoon everyone.....on behalf of myself, Debbie Blois, and my nursing colleague, Donna Matthews, we are happy to be celebrating our profession during National Nursing Week. I am pleased to have this opportunity to tell you a little bit about the work that we do.

As Regional Nurses with Labrador-Grenfell Health, we provide Primary Health Care... that means that our community clinic doesn’t just focus on treating sick people, but on keeping people well with an emphasis on disease prevention and health promotion.

Regional Nurses and Nurse Practitioners on the coast of Labrador are Registered Nurses with additional education in health assessment, diagnosis and the management of illnesses and injuries. We are able to diagnose and treat common illnesses, order and interpret diagnostic tests, prescribe medication and perform specific procedures within our scope of practice.

Between the two of us, Donna and I have over 60 years – yes I said 60 years of nursing experience and we are proud of the work we do here and feel that we have a lot to offer you. We are especially pleased to be working with Nunatsiavut nurses, Sylvia Keefe and Sophie Pamak. You will see the four of us working more closely together in the future to provide you with the excellent health care that you deserve. We want to hear from you. Please let us know what you want and need to be healthy and we will do our best to assist.

Minister Patty Pottle, has said that she feels that Hopedale could become the model community for the coast of Labrador and we agree with her. There’s much we can do if we all work together as a team, we as nurses along with the people of Hopedale... it will be challenging but also very exciting and ultimately, rewarding for us all.
Nursing Week in Happy Valley-Goose Bay
Fun...Laughter...Camaraderie...Good Memories...

National Nursing Week was a busy one for nurses in Happy Valley-Goose Bay, with activities planned for each day of the week. Bev Stickley developed a wonderful display of Labrador nurses and their roles in the profession. A host of events were ongoing throughout the week, and included: a Mariner's Breakfast, Nursing Olympics, media interviews, a public display and health check at Tim Horton's, wing night, potluck, karaoke, family bowling, a barbecue, and much more. In addition, treat bags were sent to the coast which included cookies, jellybeans, chocolate covered almonds, pens, notebooks and hats for community clinic nursing staff.

In recognition of National LPN Day (May 12, 2008) and to kick-off National Nursing Week, LPNs Joyce Furlotte, Olive Michelin and Pheobe Saunders held a lunch hour blood pressure, glucometer and weight check clinic at the Labrador Health Centre. Wayne Leblanc, Manager of Maintenance at the Labrador Health Centre was among those who dropped by the clinic. He is shown here having his blood pressure checked by Olive Michelin (right) and Joyce Furlotte (left).

The theme of the recent National Nursing Week 2008 was “Think you know nursing; take a closer look”. During that week, nurses in Labrador were encouraged to nominate a nursing colleague for honorable mention. Doreen Hawco-Mahoney was one nurse who received numerous such nominations from her nursing peers at the Labrador Health Centre.

Doreen graduated from the General Hospital School of Nursing in 1991. She holds certificates in Diabetes Management and Nursing Leadership, has completed the health assessment course, and maintains certifications in CPR, BTLS, NRP, TNCC and ACLS. From 1999 to 2003, she served as the President of Branch 14 of the NLNU, and from 2003 to present, she sits on the NLNU Board of Directors as a regional representative. More recently, she has accepted the role of Chairperson on the QPPE Committee at the Labrador Health Centre, not to mention her current enrollment in the BN post RN program. That’s Doreen "on paper"; here’s the Doreen I know.

First, her knowledge of all things medical never ceases to amaze me; she can break down an ABG in seconds and there’s no rhythm on the cardiac monitor that she can’t put a name to. I’ve seen people from all disciplines seeking her advice on the optimal treatment for their patients. You could never ask for a more knowledgeable and dependable colleague to back you up as that next emergency is coming through the door.

Doreen is truly passionate about where the nursing profession is going and acknowledges how far it has come. She represents nurses and their issues well, and is constantly thinking of ways to improve the workplace for nurses and patients. Doreen is a patient advocate, as she now finds herself caring for the people of the community she grew up in. Finally, and perhaps most admirably, from her early years of post secondary study to now, Doreen has amazingly maintained the balance between academic, work and family life.

That’s a closer look at Doreen Hawco-Mahoney!

Lesley Dee Tucker, RN
PROFESSIONAL DEVELOPMENT

Casualty Simulation Training

From June 17 to 19, 2008, Clint Clark (LPN) and Caroline Crawford (RN) traveled to St. John’s for a Basic Casualty Simulation Course. Casualty Simulation involves the art of making up a healthy person to look injured, based on a mock injury situation, with an intent to add to the urgency and realism of emergency preparedness training. This course was delivered by Wayne Patzalak, an Instructor in Para medicine with the College of the North Atlantic in St. John’s. This course was a provincial-wide initiative and will be a definite asset to this region.

Caroline and Clint practiced a number of simulations, including lacerations, impaled objects, burns, and amputations. The training kits included modeling putty, fake blood and different colors to make the putty look as close as possible to the victim’s skin. Clint and Caroline also received instruction on how to apply make-up and teach victims how to respond to these injuries.

This course was both informative and enjoyable. Caroline and Clint look forward to returning to St. John’s this fall to continue with the instructor’s part of this training. They will then begin to train others in the region to provide this service, in the event that their site would like to have this detail added to their mock emergency scenarios. This is a good first step in the region having its own expertise in providing casualty simulation services when it is needed.

For more information on casualty simulation training and other emergency management issues, please contact Darwin McGee, Regional Health Emergency Planning Coordinator at (709)-897-2229 or darwin.mcgee@lghealth.ca.

Caroline Crawford, RN (left) and Clint Clark, LPN (right) practice face and knee laceration simulations with Darwin McGee, Regional Health Emergency Planning Coordinator (centre).

Health Assessment

Congratulations to the following Licensed Practical Nurses who successfully completed their Health Assessment Course in the Winter Semester 2008 at the Charles S. Curtis Memorial Hospital.

Course participants: (front, l-r): Marlene Applin, Una Davis and Sharon Gill. Back (l-r): Madonna Coates BNRNNP, Preceptor; Debbie Mercer, Carol Colbourne, Wayne Alyward, Ina White, Lisa Colbourne, Marjorie Field, Shelly Decker and Alison Cull.

Health Assessment

Congratulations to the following Licensed Practical Nurses who successfully completed their Health Assessment Course in the Winter Semester 2008 at the Charles S. Curtis Memorial Hospital.

M9-M11 Sterilizer

The Community Clinic staff from Mary’s Harbour, Port Hope Simpson, Charlottetown and Cartwright gathered on June 6, 2008 for an in-service on the new M9-M11 Sterilizer. The staff appreciated the opportunity to come together for this learning opportunity.

Community Clinic staff: (front row, l-r): Claudine Foster, Regional Nurse II, Port Hope Simpson; Donnie Sampson, Clinical Coordinator, South; Ella Marshall, Personal Care Attendant, Charlottetown; Ena Heard, Personal Care Attendant, Cartwright and Beverly Russell, Personal Care Attendant, Port Hope Simpson. Back row (l-r): Cherie-Lee Campbell-Oram, Regional Nurse I, Charlottetown; Olive Rumbolt, Personal Care Attendant, Mary’s Harbour; Elizabeth Hicks, Personal Care Attendant, Port Hope Simpson; Violet Strugnell, Personal Care Attendant, Port Hope Simpson; Robert Wiscombe, Regional Nurse II, Mary’s Harbour and Dora Hamel, Personal Care Attendant, Cartwright.
Breastfeeding Management

A 20-hour Lactation (Breastfeeding) Management Course by INFACT Canada took place from May 13 to 15, 2008, at Curtis Memorial Hospital in St. Anthony. Twenty-one people from Northern and Western Newfoundland and Labrador attended. Participants enjoyed the workshop and received valuable information to help promote, protect and support breastfeeding throughout our health regions.

This workshop was funded with a grant from the International Grenfell Association and organized by members of the Labrador-Grenfell Health Breastfeeding Network with support from Labrador-Grenfell Health, NLNU St. Anthony Branch and the ARNNL Thrombolite Chapter, Flower’s Cove.

This course is another step in working toward making Labrador-Grenfell Health facilities breastfeeding friendly.

Trudy Coles, Public Health Nurse

Back row (l-r): Trudy Coles (Public Health Nurse, Flower’s Cove), Samantha Keats (Nursing Student, St. Anthony), Janice Northcott (Registered Nurse, St. Anthony), Verena Ebsary (Midwife, St. Anthony), Gill Sexton (Midwife, St. Anthony), Heather Blackmore (Community Health Nurse, Labrador City), Claudine Kean-Dobbin (Parent & Child Health Coordinator, Labrador City), Joanne Bridle (Community Health Nurse, Port Hope Simpson), Norma Huxter (Community Health Nurse, Natuashish), Sandra Toope (Licensed Practical Nurse, St. Anthony), Lynn Blackwood (Nutritionist, Happy Valley-Goose Bay), Sheila Oates (Public Health Nurse, Labrador City), Dayna Gillard (Resource Mother, Deer Lake), Janet Murphy-Goodridge (Provincial Breast Coordinator, Happy Valley-Goose Bay), Linda Hillier, (Community Dietitian, St. Anthony).

Front Row (L-R): Cathie Lethbridge (Midwife, Happy Valley-Goose Bay), Pamela Browne (Midwife/Lactation Consultant, Happy Valley-Goose Bay), Ingeborg Roorda (Presenter/Facilitator), Linda Smith (Presenter/Facilitator), Cindy Earle (Parent Support Worker, L’anse au Clair), Janis Osmond (Resource Mother, Hampden) and Michelle Harris, (Resource Mother, Trout River).

Missing from photo: Nancy Pilgrim (Resource Mother, Roddickton), Rita Reardon (Registered Nurse/Team Leader, St. Anthony).
FOCUS ON STAFF

Clyde Chubbs

St. Lewis has always been Clyde’s home. In the past he has worked in the fishery, as maintenance personnel with a marine service centre, as an instructor with the FFAW and a business owner. More recently, Clyde has been employed as a carpenter in numerous capacities including renovations, new building construction, heritage carpentry, cabinet making, etc.

Clyde recently joined the staff at Labrador-Grenfell Health as a Maintenance Repairer (casual) at the St. Lewis Clinic and will be providing relief and assisting regular maintenance staff as required. Welcome Clyde, and all the best in your position.

Josie McNeill

Josie previously spent ten years working with the Nunatsiavut Government, operating a Daycare in Makkovik. She began working with Labrador-Grenfell Health’s Child, Youth and Family Services as a Community Service Worker at the Makkovik Clinic on March 31, 2008.

Welcome to the Labrador-Grenfell Health team, Josie and all the best in your new position.

Krista and Kara Colbourne

Krista and Kara Colbourne are identical twins from St. Anthony. They both graduated in 2008 from Western Regional School of Nursing in Corner Brook with Bachelor of Nursing Degrees.

They have both accepted Nursing positions with Labrador-Grenfell Health, working in the float pool at St. Anthony. Welcome home, Krista (left) and Kara (right) and all the best in your new positions.

Dawn Letto

Dawn Letto is originally from L’Anse au Clair, NL, where she has lived for most of her life, working as a secretary for a local business for the past eleven years. She now joins Labrador-Grenfell Health as a casual Clerk at the Labrador South Health Centre in Forteau.

Hank Diamond

For the past 15 years Hank has been working in construction as a field supervisor, and for the last 5 years he has been working out of Houston, Texas.

Hank has accepted an EMR2/Maintenance Repairer position with Labrador-Grenfell Health and will be based at the Strait of Belle Isle Health Centre in Flower’s Cove. He notes it’s good to be home and he looks forward to working in Newfoundland.

Welcome home, Hank. We hope you enjoy working with Labrador-Grenfell Health.

Jillian Varner

Jillian comes from Moncton, New Brunswick. She has been completing her Bachelor of Social Work program through Dalhousie University, while working full time as a customer service agent.

Jillian has accepted a Social Work position with Family Rehabilitation Services in Roddickton. Welcome to the Labrador-Grenfell Health team, Jillian and all the best in your new position.

Natalie MacRae Shannon

Natalie comes from Baddeck, Nova Scotia. She graduated from Victoria General Hospital School of Nursing in Halifax in 1986. She has practiced Acute Care Nursing in Nova Scotia, Victoria, BC, Nunavut, Ottawa, ON, and Prince Rupert, BC. Natalie has been a Community Health Nurse since 1997. She graduated from Athabasca University with her BN in 2004.

Welcome to the Labrador-Grenfell Health Centre in Happy Valley-Goose Bay as the Regional Home Nursing Coordinator. Welcome Natalie and all the best in your new position.

Jessica Mahar

Jessica is originally from Bird Cove, NL. She recently moved back home from Alberta and has accepted a Clerical Support (Casual call-in) position with Labrador-Grenfell Health in St. Anthony.

Welcome back home Jessica and good luck in your position.

Francine Carew

Francine was born and raised in Happy Valley-Goose Bay, NL. She graduated from the University of Prince Edward Island in May 2008 with a Bachelor of Applied Science in Radiography.

She has accepted a Diagnostic Imaging Technologist I position at the Labrador Health Centre.

Francine notes she is very happy to be working at home.

Welcome back home, Francine. We hope you enjoy working with Labrador-Grenfell Health.
FOCUS ON STAFF

Colleen Rixon

Colleen Rixon finished work on Friday April 28, 2008 after spending 15 years of her 23-year Nursing career at the Captain William Jackman Memorial Hospital, Health Labrador Corporation and Labrador-Grenfell Health. Over the years, Colleen had an extensive work history as a Nursing Supervisor, OR Nurse, Staff Health/Infection Control Nurse, Community Health Nurse and most recently, Regional Director of the newly formed Employee Development Training and Health Department. She was well liked by her patients and co-workers. Staff in the Employee Development Training and Health Department appreciated her leadership skills and the team spirit she fostered amongst them, despite distances between sites.

A farewell dinner was held on April 16. On her last day in the office, her colleagues held a surprise dress rehearsal, where they dressed both Colleen and themselves in her new uniform - consisting of hard hats, safety goggles and work boots!

Colleen will be missed by her colleagues at Labrador-Grenfell Health – we all wish her every success in the future as Superintendent of Health Services at the Iron Ore Company of Canada.

Emma Stirling, Staff Health/Education Coordinator
Employee Development Training and Health

Maureen Angel

Maureen Angel, Addictions Coordinator, Mental Health and Addictions Services, Captain William Jackman Memorial Hospital, left the organization and the Labrador West area in mid-June, 2008. Maureen began working with the Department as an Addictions Counselor on January 22, 1996. Maureen’s commitment to the Department and the community will be missed.

She and her husband John have built a retirement home in Ocean Pond, NL, where they will be joined with many of members of their family. We wish you all the best, Maureen. You surely will be missed by all the staff.

Sandy Penney, Regional Clinical Manager
Mental Health and Addictions Services

GOOD LUCK WISHES

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Sandy Penney, Regional Clinical Manager
Mental Health and Addictions Services
Wes Colbourne

Wes Colbourne retired on March 31, 2008, after more than 34 years with our organization. He worked in most areas, both acute and long term care, and most recently, as a Licensed Practical Nurse at the John M. Gray Centre.

Through the years, Wes could always be counted on to assume new challenges. Always ready with a smile and a story to tell, he made many hard days a little brighter. His commitment to quality care was obvious to all. His special way with the seniors in his care (especially the ladies) will be remembered. Thank you Wes, for your contributions to our health care team. We wish you all the best in your retirement.

Rosarii Patey, Regional Director, Long Term Care Services

Ruby Colbourne

Ruby came to work in the Housekeeping Department at Curtis Memorial Hospital on February 2, 1977. She transferred to the Laundry Department in 1990 where she worked until her retirement on February 29, 2008 after 31 years of service.

Ruby was a good worker and will be greatly missed by her colleagues.

Good luck and happy retirement, Ruby!

Triffie Simms
Co-worker, Laundry Department

Pansy Payne

Pansy began working with the International Grenfell Association at Curtis Memorial Hospital in 1974, initially in the Billing Office, followed by a four-year stint in the Psychiatrist’s office. She moved to the X-ray Department in 1983 and aside from temporary assignments in Facilities Management and Nursing, she remained there until her retirement in March, 2008, after more than 32 years of service. Pansy thoroughly enjoyed working with her colleagues.

Pansy relocated to Halifax where her husband is working and they spend time traveling around on motorcycle. We wish her a healthy and happy retirement.

Lee Payne, Clerical
Diagnostic Imaging

Job Hopkins

Job Hopkins retired from his position as Maintenance Repairer I at the Rigolet Community Clinic on October 31, 2007. He first started work with the organization in Happy Valley at what was then the Paddon Memorial Hospital (now Goudie Building) and later moved to Rigolet.

Job was very proficient in his role as Maintenance Repairer I and could repair or replace almost anything. He was always someone you could rely on when needed. On behalf of Community Clinic Services, I would like to thank Job for his many years of service, and wish him “happy hunting” and many comfortable nights at Jules Point.

Ian Blake, Tradesperson II
Community Clinic Services
Jack Lane

Jack Lane retired from his position of Maintenance Repairer at the Postville Clinic on May 30, 2008 after 26 years of service. Jack spent his entire career at the Postville Clinic and was very knowledgeable with all aspects of the facility’s maintenance. He also knew a great deal about the history of Postville and was always willing to give new staff a tour of the community.

Jack was well liked by his co-workers, who held a retirement dinner in his honor on May 26, 2008. On behalf of Community Clinic Services, I would like to thank Jack for his many years of service and wish him all the best for the future.

Ian Blake, Tradesperson II
Community Clinic Services

Daisy Decker

Daisy Decker has provided some 38 years of service as a Licensed Practical Nurse to the Labrador-Grenfell Health Authority. She graduated from the LPN Program in 1969 and began her career at Charles S. Curtis Memorial Hospital, St. Anthony, in 1970 and worked there until 1973. She worked at the Janeway, St. John’s, from 1973-1975 and later returned to St. Anthony - then back to Roddickton Health Centre in 1980. She worked as the “Pharmacist” for 11 years at the Health Centre until the community had its own pharmacy. She then returned to LPN duties until she retired.

Daisy is a very quiet individual, very well organized and very specific in her tasks. She was well known for the thorough nursing care she gave to her patients. Thirty-eight years in the health field is quite significant. Raising a family of three and working 12 hour shifts can be very challenging and quite demanding at times. She did all this, but now her time has come to relax and enjoy her accomplishments.

On behalf of all the staff at White Bay Central Health Centre, I wish Daisy the greatest of health and many wonderful years to enjoy herself with her family. All the best!

Gertie Bromley, Nursing Site Manager

Best of luck to all!

Helena Cochrane

Helena Cochrane, a Domestic Worker at the Labrador Health Centre, retired after 30 years of dedicated service on August 31, 2007. Helena started out working with the “Grenfell Mission” in 1978 as a Domestic Worker at the hospital in Goose Bay. She remained in that role until she retired. Her positive attitude and work ethic are certainly missed. She remains busy caring for her grandchildren. All the best in your retirement, Helena.

Rick Kennedy,
Manager of Support Services/Project Manager
Gertie Bromley

Gertie Bromley started her career in 1971 as a Staff Nurse at the Charles S. Curtis Memorial Hospital, St. Anthony. In 1973-1975 she did the Outpost Nursing Course at Dalhousie University. In 1975, she came to Roddickton and until 1992, worked in Public Health, Home Care and Regional Nursing on a casual and full-time basis. It was during that time she had her two children (Heather and Conrad). In September 1992, she became Nursing Site Coordinator at White Bay Central Health Centre and held that position until her retirement on June 27, 2008.

During her 36+ years, she has seen a lot of staff come and go and has also witnessed many changes at the Health Centre. Some of those changes include:

- The move from the old building, on the point, to the new building which we now occupy.
- The Satellite Clinics close in Conche, Main Brook, Englee and Harbour Deep.
- Staffing levels increase in Regional Nursing, Medical, Clerical, Paramedics, Maintenance, etc.

Gertie took the leading role in making White Bay Central the first clinic to use Paramedics for ambulance calls. She was on the founding committee for the Nurse Practitioner Program and has been licensed herself for approximately six years.

If you were to ask Gertie today what was one of her “feel-good” accomplishments, I am sure she would say the Palliative/Respite Care Room at the Health Centre. This room enables patients and their families to be together at a very traumatic time in their lives. Gertie completed the Palliative Care and Chemotherapy courses so that patients could obtain services close to home.

Gertie was a member on several committees and was never shy about speaking up and giving her opinion. One might say that Gertie is well known for speaking her mind. She was always very passionate and fought tirelessly for what she believed in. We know no other better patient advocate. Her famous motto was, “It’s easier to get forgiveness than permission.”

Gertie’s career has not been without its challenges, such as recruiting staff, completing time sheets, budgets and workload measurement. One of her latest challenges was entering time sheets on Meditech – Gertie never liked computers! She always tried her best to keep staff happy and during these times of fiscal restraints and staff shortages, that was a daily challenge.

Gertie has been well liked as a co-worker, manager and a friend. The lunch room will never be the same without her. For one thing, we will get a bigger share of chocolate with her gone, because she was always looking for something chocolate for break time! She has always been on board when planning staff social events, fundraising for equipment, (the latest fundraiser being for our Lifepak 12 where $10,000 was raised), being Santa’s helper and talking her husband Gerry into playing the role of Santa.

I am sure that Gertie will not miss her daily drive to work over the gravel portion of Conche road. Gertie, we wish you a long, healthy, enjoyable retirement and hope you and Gerry will enjoy scooting around in that new boat you plan to buy.

Joan Richards, Administrative Officer
White Bay Central Health Centre

Best wishes!
Patricia Dunk

It is with sadness that Labrador-Grenfell Health and the Curtis Hospital Auxiliary note the passing of Pat Dunk, on May 2, 2008, at the age of 80 years.

Pat came to work as a Nurse in the “old hospital”, where she worked in the Outpatient Department, and continued to do so in the Charles S. Curtis Memorial Hospital. After some time, Pat and Dorothy Sutcliffe both went to Dalhousie University, Halifax, to obtain their degrees in nursing. Pat then returned to St. Anthony as In-service Coordinator, a role which she held until her retirement.

Pat was active in the Curtis Hospital Auxiliary and the United Church, where she was organist for many years. She and Dorothy organized the 50+ Club. Pat was not only involved locally, but globally as well, going to Papua, New Guinea with a mission group several times.

Pat is survived by her brother, Don, his wife Bonnie, her Aunt Margaret, nephew, nieces and cousins, and Dorothy Sutcliffe, her good friend and house-mate, as well as many friends in many places.

George Simms

It is with sadness that Labrador-Grenfell Health notes the passing of former International Grenfell Association/Grenfell Regional Health Services employee Mr. George Simms on April 10, 2008. He was 91.

George’s career spanned thirty nine years, and included working in the Handicrafts Department, helping with construction of the hospital in Cartwright, and driving the Hospital Model “A” truck for years, until becoming Janitor at the Orphanage until his retirement in 1982.

An active outdoorsman, he spent his time at his sawmill, fishing and tending to his garden. Two years ago, he was forced to slow down, as a result of a broken hip.

He is predeceased by his wife, Marjorie, and survived by his three sons Bob, Eric and Roger and their families.

Edward H. Gear

It is with great sadness that Labrador–Grenfell Health announces the passing of Edward H. Gear on April 9, 2008. He was 49.

“Eddie” was the full time Maintenance Repairer at the Hopedale Clinic. He was not only dedicated to his work, but also to his community and his Church.

Eddie was elected Deputy AngajokKak of the Hopedale Inuit Community Government in June 2007. He was also installed as a Chapel Servant in the Hopedale Moravian Church in 2004.

Eddie was a very well liked, kind individual with a keen sense of humor and wit. It was always a special treat when he would take in his smoked char for all staff to enjoy at morning break.

Eddie leaves to mourn his three sons Tristan, Julian and Brandon and his sister Brenda. His extended family, a huge circle of friends and his co-workers will sincerely miss him.

Ian Blake, Tradesperson II
Community Clinics

Garland Curl

It is with sadness that Labrador-Grenfell Health notes the passing of Garland Curl on May 29, 2008, at the age of 60 years. Garland worked with Labrador-Grenfell Health for the past 10 years as the relief Maintenance Man at the St. Lewis Clinic.

He loved to hunt, fish, pick berries, garden and to build things in his shed, but most of all, he loved to tell stories and to have a laugh with his family and friends. Garland’s co-workers note that it was always a pleasure to work with him, and that he is greatly missed.

He is preceded by his father Thomas and brother David. He is survived by his mother Margaret; siblings Verna, Beatrice, Daphne, Jack, Guy and Denley; his wife Emma Jane; his children Christine, Boyd and Darlene and his six grand children.
Dr. Peter Roberts

It is with heartfelt sadness that Labrador-Grenfell Health notes the passing of Dr. Peter Roberts on April 29, 2008. Dr. Roberts was 63. He played an important role in the provision of health services and community development in Northern Newfoundland and Labrador and touched the lives of many residents of this region throughout his career.

Dr. Roberts served the International Grenfell Association and Grenfell Regional Health Services for twenty-three years. He was first appointed as Medical Officer at the Community Health Centre in Roddickton in 1973, where he served in this solo medical practice until 1975. From 1975 to 1977, Dr. Roberts served as the Traveling Doctor for Southeast Labrador and conducted medical clinics in the communities of Mary’s Harbour, Port Hope Simpson and Charlottetown. During that time, he was also Head of the Division of Community Medicine in charge of the general administration of seventeen IGA clinics, nursing stations and health centres throughout Northern Newfoundland and Labrador.

In 1979, Dr. Roberts was appointed Executive Director of the International Grenfell Association. In this position, he was responsible for the operations of an organization which employed 800 people and provided integrated regional health services for 32,000 people in Northern Newfoundland and Labrador.

Dr. Roberts was involved in establishing the first Grenfell Regional Health Services Board and was responsible for overseeing the transition from the International Grenfell Association to Grenfell Regional Health Services in 1981. During his term as Executive Director, some of his achievements included an increase in the number of medical staff positions, the establishment of new dental positions and the development of an improved patient transportation service, involving scheduled carriers, chartered aircraft and GRHS owned aircraft. During this time, three GRHS health centres in Roddickton, Flower’s Cove and Forteau, were the first in Canada to receive accreditation.

Dr. Roberts’ contributions went far beyond health services. He played a key role in the Grenfell Centennial celebrations in 1992 and in establishing the Grenfell Historical Society’s role in this region. The Grenfell Interpretation Centre was constructed during his term as Chair of Grenfell Development, Inc. He was also instrumental in forming the Grenfell Foundation, the official fundraising organization for the former GRHS, and today, for Labrador-Grenfell Health. This spirit continued in recent years, as is evident by his move to create the Community Foundation of Newfoundland and Labrador, a registered charity that builds and manages charitable funds for businesses, organizations, families and individuals. It distributes the income as grants to many of the humanitarian, educational, health and cultural charities in this province.

Dr. Roberts was also actively involved in provincial activities and served on various committees with the Newfoundland Hospital Association, the Newfoundland Medical Association and Memorial University of Newfoundland, including a term as President of the Newfoundland Medical Association in 1990. He retired from Grenfell Regional Health Services in 1996.

In an obituary prepared by his family and published in provincial newspapers, it was noted that Dr. Roberts was richly blessed with a wide range of talents and skills, including boat building. He took great pride in building his great 45-foot steel-hulled brigantine “Down North,” after first teaching himself welding, carpentry and sailing. He sailed her joyfully in northern waters. A skilled painter and print-maker, he took great pleasure in recording the coastal scenery of Newfoundland and Labrador. He was an enthusiastic golfer, and he also taught himself how to play guitar. He was a gentle man, yet strong minded and willing to stand up for his opinions.

Dr. Roberts is survived by his wife, Betty (Badcock) and his brothers Edward, Douglas, and families, and a large circle of friends.

Editor’s Note

The following message was received from Dr. Brian D. Powell. He asked it be shared with our readers of Along the Coast to Labrador.

“My wife and I were very sad to learn of Dr. Roberts’ passing after a long illness bravely borne. We were supporters of Grenfell and the GAGBI for many years and attended most of the annual reunions held in London during the late eighties and nineties until they ceased in 2000. Peter attended many of these and it gave great pleasure to meet him personally and to listen to his contributions. This gave both a close link with him and details of events unfolding at St. Anthony.

We formed a firm friendship through correspondence and occasional visits when we visited St. Anthony and, after his retirement, his home at St. Phillips. In 1993 we wished to visit Battle Harbour and discussed the possibilities with Peter. He gave good advice and kindly arranged for us to stay at the Nursing Station at Mary’s Harbour, making the visit possible. We were warmly welcomed and it was a great success.

We, and many others, appreciated his contributions to “Along the Coast”, under the heading "Executive Director Writes" - well planned, full of interest and a delight to read. Many will have to cause to thank Peter for his influence on their lives and we count ourselves to be fortunate to have been among them”.

Dr. Brian D. Powell
SUMMER STUDENTS:
Following is a list of summer students working with Labrador-Grenfell Health. We thank them for their contributions to our organization and wish them every success as they continue their studies.

Cartwright
Jacqueline Shiwak
Nursing
Charlotte	natascha cadwell Administrative Asst. Student
Flower's Cove
Blanche Applin Nursing
Blanche Applin Maintenance
Lyndsay Osmond Nursing
Jasmine Genge Nursing
Donna Noble Nursing
For	nathan buckle
Forteau
Maureen Molloy Nursing
Genesta Pike Nursing
Megan Pike Nursing
Kimberly Swan Nursing
Heather Trim Laboratory/X-ray
Happy Valley-Goose Bay
Nicole Allen Nursing
Sarah Bird Physiotherapy
Krista Blake Nursing
Victoria Bolger Laboratory/Diagnostic Imaging
Christine Chaulk Nursing
Kayla Climate Nursing
Adam Elliott Nursing
Angela Kippenhuck Nursing
Natalie Oake
Community Health
Martin Osuro
Ashley Rideout Nursing
Sonya Rogers Nursing
Stephanie Saunders CYFS
Sanja Viskenura Nursing
Hop
de
Cheryl Toraqac
Cleral Support Worker
Clerical Support Worker
Maintenance
Cartwright
Pansy Payne Stenographer II, Diagnostic Imaging (Retired)
Priscilla Mitchelmore Registered Nurse (Retired)
Verena Ebsary Registered Nurse/Midwife
Sabrina Cull Registered Nurse
Linda Coffin Licensed Practical Nurse (Retired)
Donna Clarey Maintenance
Nancy Cobb Registered Nurse
Frank Boland Pharmacist (Temporary)
Cheryl Torarak Labrador City
Crystal Fitzpatrick CYFS
Rachelle Lawlor Nursing
Meaghan Stanley Nursing
Jessica White Nursing
Makkovik
Betty Jararuse Nursing
Margaret Penney CYFS
Nain
Danielle Baikie CYFS
Rigolet
Shelly Wolfrey Nursing
Roddickton
Melissa Byrne Nursing
Crystal Fitzpatrick Mental Health (Health Intern)
Alyssa Foley Maintenance
Bernard Gardiner Nursing
Trudy Kearney Nursing
St. Anthony
Stephanie Bailey Maintenance
Kevin Best Nursing
Chrisoulia Budgell Nursing
Sara Bussey Nursing
Michelle Dean Nursing
Jennifer Decker Laboratory
Nikita Eddison Nursing
Joanne Hancock Nursing
Dinah Heddersson Nursing
Caroline Hillier Grenfell Foundation
Amy Ireland Human Resources
Samantha Keats Nursing
Charlene Kinsella Physiotherapy (Health Intern)
Michael Loder Biomedical Engineering
Erica Parr Nursing
Ryan Paye
Samantha Ricks Nursing
Gregory Roberts Maintenance
Zachary Simms Maintenance
Kathryn Smith CYFS
Cindy Taylor Nursing
Angela White Respiratory Therapy

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Kayla Climate Nursing
Adam Elliott Nursing
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Rachelle Lawlor Nursing
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Jennifer Decker Laboratory
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Joanne Hancock Nursing
Dinah Heddersson Nursing
Caroline Hillier Grenfell Foundation
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Michael Loder Biomedical Engineering
Erica Parr Nursing
Ryan Paye
Samantha Ricks Nursing
Gregory Roberts Maintenance
Zachary Simms Maintenance
Kathryn Smith CYFS
Cindy Taylor Nursing
Angela White Respiratory Therapy

WELCOME TO:
Cartwright
Robin Brown Maintenance Repairer (Casual)
Flower’s Cove
Hank Diamond Maintenance Repairer/EMR II
Dr. A. F. Yass Family Physician
Forteau
Robin Dooley Regional Nurse
Dawn Letto Clerical Support Worker (Temporary)
Daisy Sacrey Regional Nurse (Temporary)
Nadine Roberts Regional Nurse (Temporary)
Happy Valley-Goose Bay
Scott Burden Utility Worker I (Temporary)
Jennifer Colbourne Typist I (Temporary)
Adam Gillingham Security Guard (Temporary)
Wendy Groves Social Worker I
Tanya Hill Youth Care Counselor (Temporary)
Terri Lucas Nurse I (Temporary)
Cassandra McLean Clerk II (Temporary)
Brent Ogden Domestic Worker (Temporary)
Bennie Webber Social Worker II
Melissa White Food Service Worker (Temporary)
Hop
de
Charlotte Courage Social Worker II
Mary Normore Social Worker II (Temporary)
Labrador City-Wabush
April Anthony Fire Warden (Temporary)
Frank Byrne Fire Warden (Temporary)
Helena Cranford Domestic Worker (Temporary)
Athena Felix Domestic Worker (Temporary)
Louanne Frost Switchboard Operator (Temporary)
Deborah Gale Switchboard Operator (Temporary)
Lacy Hicks Switchboard Operator (Temporary)
Christa Hunt Clerk Typist II (Temporary)
Cicely Hunt-Gillingham Fire Warden (Temporary)
George Lewis Fire Warden (Temporary)
Chantelie McGrath Nurse
Corina Milley Domestic Worker (Temporary)
Cathleen Myers Laboratory Technologist (Temporary)
Alicia Reid Nurse I
Kelly Richards Fire Warden (Temporary)
Peter Pike Social Worker (Temporary)
Michelle Ralph BMS/CMC (Temporary)
Bert Young Fire Warden (Temporary)
Makkovik
Josie Mcneill Community Service Worker (Temporary)
Mary’s Harbour
Elaine Shea Community Health Nurse (Casual)
Nain
Cynthia Augot Registered Nurse (Casual)
Elizabeth Pijoggie Personal Care Attendant (Temporary)
Natashish
Leslie Hewlett Regional Nurse (Casual)
North West River/Sheshatshiu
Tanya But
Cory Freake BMS/CMC (Temporary)
Karen Hancock BMS/CMC
Sandra MacLean Social Worker II
Port Hope Simpson
Denise Wandler Nurse Practitioner (Casual)
Roddickton
Tracy Newman Domestic Worker (Temporary)
St. Anthony
Deanna Caines Dental Assistant (Temporary)
Penney Carpenter Clerical Support Worker (Temporary)
Kara Colbourne Registered Nurse
Krista Colbourne Registered Nurse
Michelle Colbourne Licensed Practical Nurse (Temporary)
James Decker Tradesworker (Temporary)
Amanda Gerke Biomedical Engineering Technologist
Kristopher Gerke Laboratory Technician (Temporary)
Christopher Greene Diagnostic Imaging Technician (Temporary)
Sheranne Hann Registered Nurse
Desmond Hederson Primary Care Paramedic (Temporary)
Jennifer Hillier Registered Nurse
Albert Kinsella Tradesworker (Temporary)
Desiree Knee Registered Nurse
Jessica Mahar Clerical Support Worker (Temporary)
Carla Newell Laboratory Assistant (Temporary)
Pamela Parrill Registered Nurse
Allison Pittman Registered Nurse
Teena Patey Rehabilitative Assistant (Temporary)
Crystal Randell Registered Nurse
Pansy Simms Clerical Support Worker (Temporary)
Vicky Squires Clerical Support Worker (Temporary)
Jody Sutton Clerical Support Worker (Temporary)
Leanne Taylor Registered Nurse
Bonita Ward Clerical Support Worker (Temporary)
Colleen Woods Registered Nurse (Casual)
St. Lewis
Betty Bolger Personal Care Attendant (Casual)
Clyde Chubbs Maintenance Repairer (Temporary)
GOOD-BYE AND GOOD LUCK TO:
Forteau
Erin Lemperiere Regional Nurse (Temporary)
Effie Noseworthy Regional Nurse (Temporary)
Happy Valley-Goose Bay
Maureen Baikie Medical Officer Health
Sheldon Bussey Nurse I
Ann Chaulk Nurse I (Casual)
Petra Chubbs Clerk Typist II (Temporary)
Serena Holwell Licensed Practical Nurse (Temporary)
Sarina Hunt Speech Language Pathologist
Julia Keough Nurse I
Krista Leonard Nurse II (Temporary)
Arlene Michelin Regional Coordinator - Injury Prevention
Josee Morel Utility Worker (Temporary)
Loretta Pottle Personal Care Attendant
Terri Lynn Ricketts Community Health Nurse
Trudy Rose Food Service Worker (Temporary)
Paul Snow LAN Administrator
Labrador City-Wabush
Wendy Baker Licensed Practical Nurse (Temporary)
Deborah Gale Switchboard Operator (Temporary)
Lacy Hicks Switchboard Operator (Temporary)
Colleen Rixon Regional Director, Employee Development, Training and Health
Michelle Winsor Utility Worker (Temporary)
Postville
Jack Lane Maintenance Repairer (Retired)
Nain
Darrel Lyall Maintenance Repairer
Mary Tuglavinna Personal Care Attendant (Temporary)
North West River/Sheshatshiu
Steve Halley Social Worker II, CYFS
Churchill Falls
Mary Smith Typist I (Temporary)
Helen Moores Personal Care Attendant (Retired)
Connie Cheeseman Personal Care Attendant
Roddickton
Gertrude Bromley Nursing Site Coordinator (Retired)
Daisy Decker Licensed Practical Nurse (Retired)
St. Anthony
Frank Boland Pharmacist (Temporary)
Nancy Cobb Registered Nurse
Linda Coffin Licensed Practical Nurse (Retired)
Wesley Colbourne Licensed Practical Nurse (Retired)
Sabrina Cull Registered Nurse
Verena Ebsary Registered Nurse/Midwife
Lillian Larkin Licensed Practical Nurse (Retired)
Priscilla Millemore Registered Nurse (Retired)
Pansy Payne Stenographer II, Diagnostic Imaging (Retired)
Connie Woodward Registered Nurse
ALONG THE COAST TO LABRADOR – APRIL-JULY, 2008, PAGE 27
Dr. Alexander Forbes
Reprinted from Among The Deep Sea Fishers, July 1965
By Dr. Harrison E. Kennard

In 1931, at the suggestion of his friend, Sir Wilfred Grenfell, Dr. Alexander Forbes undertook the mapping of northernmost Labrador. With two seaplanes based on his own 97-foot schooner Ramah, and an amateur crew of 16, including Wilfred T. Grenfell Jr., he spent the summer leading an expedition which took aerial photographs of the triangular area (about 100 miles long on each side) south of Cape Chidley, between Ungava Bay and the Atlantic Ocean. This involved sailing the Ramah down the Labrador coast all the way from Battle Harbor, more than 600 miles, to Hudson Strait. At that time, the coast was almost entirely uncharted north of Hamilton Inlet. However, Dr. Forbes was able to navigate the entire roundtrip with no serious mishap. Without the use of local pilots on this somewhat treacherous coast, it was an amazing feat of seamanship.

Supplementary aerial mapping was done in 1932 and 1935. Dr. Forbes was unable to go himself in 1932, but his seaplane was used that summer to take many serial photographs, to fill in blank Labrador. Just before this air trip was scheduled to start from Boston, in June, 1932, the Grenfell Mission, as an emergency, appealed to Dr. Forbes for aid in searching for an airplane two days overdue in St. Anthony. Dr. Kuehert, a dental surgeon attached to the Mission, had disappeared from St. Anthony on a sight seeing flight in a small sea plane. Dr. Forbes immediately sent his own airplane from Boston. It arrived in St. Anthony the following day. A thorough search was made, but unfortunately the missing plane was never found.

In 1935, Dr. Forbes and Charles J. Hubbard, a famous former Harvard football player, who had been several times to Labrador, flew alone to Cape Chidley, without any supporting supply ship. This was a somewhat hazardous trip, since the last two settlements (at Hebron and Port Burwell) are some 160 miles apart. In case of engine failure, it might have meant a very long walk, carrying a portable rubber boat to use when necessary. However, the trip by air was uneventful, and the aerial photography was satisfactorily completed.

Then, after seven years’ work in New York by cartographers at the American Geographical Society, the first accurate maps of northernmost Labrador were published, based entirely on the serial aerial photographs obtained on these expeditions.

Dr. Forbes served in the U.S Navy as Lieutenant in World War I. He was, at that time, employed installing and testing radio direction-finders in destroyers.

In World War II, at the age of 59, before the Japanese attack on Pearl Harbor, he volunteered to return to active duty as a Lieutenant Commander in the Navy.

During the summer of 1941, as “technical adviser” to a party under Capt. Elliot Roosevelt, he took an important part in the selection of the site of the site of Goose Bay Airport. There is also a large military establishment at the airfield itself. Before 1941, it was wilderness.

After selecting the site for Goose Bay Airport (in conjunction with Canadian authorities) the same party flew to Fort Chimo on Ungava Bay, and selected the site for Crystal I, another new airport to be used as a way-station for small fighter planes to be flown to England to help repel Hitler’s bombers.

That same autumn, 1941, Dr. Forbes, as an expert arctic pilot and navigator, guided a convoy of three supply ships, in stormy fall weather, to Fort Chimo, near the mouth of the Koksoak River on Ungava Bay, and thus helped make it possibly to construct an airfield there without delay. The Koksoak River, said to be bigger than the Hudson or the Delaware, is dangerously shallow and rapid, with a tidal range of about 20 feet at its mouth on Ungava Bay.

In 1942, the Navy sent Dr. Forbes north with Captain Bob Bartlett, of North Pole renown, on his famous schooner Effie M. Morrissey, to choose an airport site on Frobisher Bay, in the southeast corner of Baffin Land. This was quickly established and named Crystal II.

The following year, 1943, Dr. Forbes was put in charge of a detailed survey of the lower Koksoak River on Ungava Bay, and also of Frobisher Bay. He spent the summer doing important work to make the approaches to the airports at those two places safe for supply ships.

In 1946, he took part in the U.S. Navy project to explode an atomic bomb at Bikini Lagoon in the Pacific. He finally retired from the Navy that year, with a rank of Captain.

When the Grenfell Mission needed a small hospital ship in St. Anthony, in 1950, Dr. Forbes was asked to help select a suitable vessel. After looking over various boatyards, he selected an excellent 48-foot motor-sailor which was christened the Albert T. Gould. As soon as she could be refitted, Dr. Forbes personally sailed her to St. Anthony, where she is still in service.