



Labrador-Grenfell Health

January 23, 2018

PUBLIC SERVICE ANNOUNCEMENT

Walk-in Services Available for Mental Health & Addictions

Labrador-Grenfell Health is announcing the launch of DoorWays, a single session walk-in counselling service in Labrador City and Happy Valley-Goose Bay. DoorWays will offer single sessions on a first come, first served basis. Some of the topics that could be discussed with a counsellor include: depression, anxiety, bullying, coping, grief/loss, addictions, relationship issues and/or stress.

Labrador City

Every Tuesday starting January 23, 2018

2:00 p.m.-10:00 p.m. (last walk-in accepted at 9:00 p.m.)

Mental Health & Addictions Dept., Labrador West Health Centre

For more information, please call 285-8251

Happy Valley-Goose Bay

Every Tuesday starting January 30, 2018

2:00 p.m.-10:00 p.m. (last walk-in accepted at 9:00 p.m.)

Mental Health & Addictions Dept., Labrador Health Centre

For more information, please call 897-2343

Please note that the single session walk-in counseling service will be offered at other locations, including St. Anthony, in the Labrador-Grenfell Health region in the coming weeks.

DoorWays is not an emergency service. Individuals experiencing a mental health emergency (i.e. risk of immediate harm) should call 911 or the Mental Health Crisis Line at 1-888-737-4668, or proceed to the nearest Emergency Department.

- 30 -

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