



## Labrador-Grenfell Health

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November 29, 2017

### ***PUBLIC SERVICE ANNOUNCEMENT***

#### **'Pack the Back' to Help Others at Christmastime**

Labrador-Grenfell Health staff and their partners are calling on residents of Labrador West and the Roddickton-Bide Arm, Flower's Cove, St. Anthony and Happy Valley-Goose Bay areas to help them help others. 'Pack the Back' events are planned to help others less fortunate at Christmastime by filling ambulances with donations of non-perishable food items and toys for children.

- **Labrador West:** Friday, Dec. 1, 2017, 1:00-6:00 p.m., Walmart location at the Labrador West Mall. Drop off non-perishable food items, new children's toys and pajamas. Paramedics with Labrador-Grenfell Health and volunteers will accept all donations and deliver to the Salvation Army for distribution to members of the community who need a helping hand.
- **Roddickton-Bide Arm:** Friday, Dec. 8, 2017, 10:00 a.m.-4:00 p.m. Paramedics and partners will accept food and gifts in support of Helping Hands at the Foodland parking lot.
- **Flower's Cove:** Friday, Dec. 8, 2017, 10:00 a.m.-4:00 p.m. Volunteers and partners will collect household items, toys, pet items, books and monetary items and distribute to local charities.
- **St. Anthony:** Saturday, Dec. 9, 2017, 10:00 a.m.-4:30 p.m. Paramedics, nurses, other Labrador-Grenfell Health staff and volunteers participating in the Santa Claus Parade will collect donations for the Food Bank, Christmas toy drive, and pet shelters. Following the parade, an ambulance parked near Tim Horton's, Viking Mall, will also accept household/personal care items, toys/books, pet items, and monetary donations.
- **Happy Valley-Goose Bay:** Saturday, Dec. 16, 2017, 10:00 a.m.-4:00 p.m., Labrador Health Centre. Drop off non-perishable food items for the local Food Bank and unwrapped toys (all ages) for the Emergency Room Nurses' Happy Tree.

Labrador-Grenfell Health proudly supports its employees in these gestures of kindness and goodwill that directly benefits residents of the area. Thank you for your support.

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